



# EAST COAST SERVICES

Triabunna, Orford, Swansea

(Including out of area services which can be accessed by phone or online)

May 2016

The **Triabunna School Community Hub** project, **Beyond Random Acts**, is supported by Primary Health Tasmania under the Primary Health Networks program – an Australian Government initiative, and the Community Support Levy through the Tasmanian Department of Health and Human Services.

The project partners Colony 47, Triabunna District School, EastCoast Regional Development Organisation (ERDO) and Glamorgan Spring Bay Council in delivering a program between the school, community and families to identify support needs and connect with services which reduce barriers to community participation. The involvement of the Spring Bay Medical Centre and Sandra (Harry) Higgs is central to program delivery.

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## Health and Allied Services

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### **Alcohol and Drug Information Service**

Contact: 1800 811 994 Freecall, 24 hours; (03) 9416 1818  
[http://www.dhhs.tas.gov.au/mentalhealth/alcohol\\_and\\_drug](http://www.dhhs.tas.gov.au/mentalhealth/alcohol_and_drug)

### **Ambulance** Dial 000 for Emergency

Triabunna – Ambulance is staffed by Paramedic and volunteers. (03) 6257 1488  
Swansea – Ambulance is staffed by volunteers, new volunteers always welcome. (03) 6257 8669

### **Anglicare Tas** provide a range of services in housing, counselling, family, youth, health, gambling and more.

Location: Programs throughout Tasmania. Contact 1800 243 232 for program details.  
[www.anglicare-tas.org.au](http://www.anglicare-tas.org.au)

### **Audiology**

- **Eastern Audiology Services** An Audiologist will test hearing and offer appropriate advice. Visits Triabunna fortnightly on Fridays at Community & Health Centre, 3 Melbourne St. Location: 1a/120 Cambridge Road, Bellerive. Appointment: (03) 6244 1993  
[reception@easternaudiologyservices.com.au](mailto:reception@easternaudiologyservices.com.au); [www.easternaudiologyservices.com.au](http://www.easternaudiologyservices.com.au)
- **Australian Hearing** - Provider of hearing services to Australians under 26 years, eligible adults with complex rehabilitation needs, eligible Aboriginal & Torres Strait Islander people and clients living in remote areas, as well as pensioners and veterans. Services to clients eligible under the Australian Government Hearing Services Program. Location: 30 Bayfield Street, Rosny Park; [www.hearing.com.au](http://www.hearing.com.au)  
Triabunna - Monthly service at Community & Health Centre, 3 Melbourne St.  
Appointment: 13 1797

### **Australian Breastfeeding Association** –Breastfeeding information and email counseling service. Wide range of services including:

- Breastfeeding counseling and mother-to-mother support
- Breast pump hire
- Informative publications
- Community education and breastfeeding promotion

Helpline 1800 686 268 (1800 mum2mum); [www.breastfeeding.asn.au](http://www.breastfeeding.asn.au)

**beyondblue** - is working to reduce the impact of depression and anxiety in the community by raising awareness and understanding, empowering people to seek help, and supporting recovery, management and resilience. Information for depression and anxiety in older people. (24/7)  
1300 224 636 [www.beyondblue.org.au](http://www.beyondblue.org.au)

**Catholic Care Tasmania** (formerly Centacare) - Delivers a range of programs including Counselling, Parenting, Youth services, tenancy support, family violence support, children’s services, young womens’ shelter, multicultural, and housing. )

Offers a telephone Counselling service to East Coast region: (03) 6278 1660 <http://centacaretas.org.au/>  
Location: 35 Tower Road, New Town 7008. Georgina McLagan Director, Welfare Services

**Child Health & Parenting Service (CHAPS)** Universal health checks, a focus on families in need and more informal access to child health nurses are part of Tasmania's Child Health and Parenting Service model of care. The first three years of life are the most critical for a child. Help for families may come in the form of a CHaPS nurse or other support service, with psychosocial, post-natal depression and breastfeeding assessments available. A casual 'drop in' contact from parents who might have a question or a concern they want to discuss with their CHaPS nurse between scheduled appointments is also welcome, and allows parents to allay any anxieties or concerns they might have without needing to wait. A comprehensive Healthy Kids Check provided either through CHaPS or the family GP will be carried out till the age of four - at 2 weeks, 4 weeks, 8 weeks, 6 months, 12 months, 2 years and 3.5-5 years.

Location: 57 Cole Street, Sorell.

[www.dhhs.tas.gov.au/news/2013/tasmanias\\_child\\_health\\_and\\_parenting\\_service](http://www.dhhs.tas.gov.au/news/2013/tasmanias_child_health_and_parenting_service)

Triabunna - A Child Health Nurse visits the area on alternate Tuesdays and is available for home visits.

Appointment : Phone (03) 6265 6601

Swansea – Monthly visit by Child Health Nurse.

Appointment: (03) 6774 8043 Campbell Town Multi Purpose Centre

- For urgent parenting please phone Parenting Line 1300 808 178

**Colony 47** – provides a range of programs in the areas of Housing & Homelessness, Mental Health support, Early Intervention, Education & Employment, and Community Development.

Location: 446 Elizabeth St, North Hobart; 181 Collins Street, Hobart, and other locations.

Phone: 1800 265 669 for further details. [www.colony47.com.au](http://www.colony47.com.au)

**Community Based Support (CBS)** is a community organisation that provides in home and community support services to older people, people with a disability, people with a mental illness and their carers. CBS aims to assist people to remain living independently in their homes for as long as possible. CBS offers a range of services, including:

Personal Care (Showering, grooming, dressing)

- Domestic Assistance (eg. cleaning, washing, ironing)
- Spring Cleaning
- Home Maintenance (eg. tap washers, lights, minor repairs)
- Home Modifications (ramps, rails, bathrooms etc)
- Safety monitoring systems (personal alarms, fire and flood detectors, specialised movement detectors for people with dementia, epilepsy, Parkinsons, and more...)
- Garden maintenance
- Group sessions (social groups and day centres)
- Social Support (including shopping and paying bills)
- NDIS and Home Care packages
- In-home respite
- Social activity groups
- Referrals to other services
- Case Management
- Overnight support
- Day Surgery and Patient Support Services
- And more...

**CBS - Carer Support Services** offer short term and emergency support for people in our community who are caring for a person who may be frail aged, have a chronic health condition, a mental illness, or a disability. Carer supports are available through funded programs. These are:

- National Respite for Carers Program
- Mental Health Carer Support
- Ageing Carers (for people over the age of 65 who care for a dependent adult child with a disability)
- Severe and Profound Carer Support Program (for carers of children with severe and profound disabilities)
- Young Carers (for young people who are at school and are primary carers at home)
- Consumer Directed Respite Care Packages (For carers)
- Dementia Training and Education for Carers Program

The types of support offered to carers includes:

- 24 emergency support (with the exception of the MH programs where carers must call the MH Hotline in the event of an emergency).
- Education/training and information sessions
- Time out and short breaks
- Counselling
- Practical assistance in the home (including all services listed under Community Based Support)
- Accessing support groups
- We are also the booking office for all residential respite in southern Tasmania

Most of our services (CBS and Carer Support) are offered in Southern Tasmania only, with the exception of social groups, personal care, and the home modifications programs which are also offered in the north and north west of the state.

Location: 24 Sunderland Street, Moonah TAS 7009 Tel.: (03) 6208 6600. [admin@cbsaust.org.au](mailto:admin@cbsaust.org.au); [www.cbsaust.org.au](http://www.cbsaust.org.au)

**Community Nursing** is provided by Glamorgan Spring Bay Community Nurses, who also provide support, education programs and assist with the development of community groups. Information: 6257 3356. Referrals can be made by phoning 1300 769 699 – client’s consent is required before referral.

**Community Transport Services Tasmania – South East District** - Provides transport for variety of purposes (eg Medical appointments, shopping, visits, cinema, theatre, airport, even statewide) for frail aged and younger people with disabilities and carers. Costs apply.

Located: Campania Contact: Richard on (03) 6260 3405 (Mon-Fri, 9am – 2pm)

Main Location & Registration: 20 Lampton Ave, Derwent Park. 62088500; 1800 781 033

[https://www.dhhs.tas.gov.au/service\\_information/service\\_delivery\\_points/community\\_transport\\_statewide](https://www.dhhs.tas.gov.au/service_information/service_delivery_points/community_transport_statewide)

- Volunteer drivers welcome – 1800 781 033 if you can spare a few hours.

**C U @ Home** is a program offered by the Child Health and Parenting Service for young first-time parents 15-19 years of age. If the young woman accepts the offer, nurses commence home visiting in the antenatal period with visits at regular intervals until the child's second birthday. The program will ensure children born to young parents have equal opportunity for optimal development to become creative, competent, caring and resilient young people and adults.

- Voluntary
- Age 15-19
- First baby, 28-32 wks pregnant
- Young woman is facing life challenges including:
  - Relationships with little support
  - Financial difficulties
  - Isolation from peers

- Mental health problems

South / South-East Region - Hobart Parenting Centre Ph: (03) 6233 2700

[http://www.dhhs.tas.gov.au/service\\_information/services\\_files/c\\_u\\_@\\_home](http://www.dhhs.tas.gov.au/service_information/services_files/c_u_@_home)

**Clarence & Eastern Districts Mental Health Service (DHHS)** - The Adult Community Mental Health Service is a free, confidential service to people aged between 18 and 65 years who have a severe and complex mental health problem, providing assessment, treatment, support and education.

- Assessment of mental health problems
- Crisis assessment and response
- Case management, information, support and counselling for individuals and families
- Prescription of medication, monitoring its effectiveness and advice on side effects
- Liaison with, or referral to, other professionals and mental health support agencies
- Specialist assessment and psychotherapy
- Community education and health promotion
- Psychosocial rehabilitation and intensive support
- Group treatment programs
- Outreach services
- Home visits as appropriate/required
- Clinical support services to individuals in supported accommodation and individuals who are supported by packages of care

HELPLINE: 1300 332 388

Jenny Kuhn Community Mental Health Nurse [Jennifer.kuhn@dhhs.tas.gov.au](mailto:Jennifer.kuhn@dhhs.tas.gov.au) 0429 405 142

**Dentist** - East Coast Dental Practice

Swansea - fortnightly, Friday 12pm – 5:30pm, Saturday 9am – 5:30pm

Appointment: (03) 6257 8114

**Diabetes Dietitian** - visits East Coast Health at 1 Victoria St Triabunna fortnightly.

Appointments: (03) 6256 4747. A referral is necessary

**Diabetes Educator**

Triabunna - a nurse visits East Coast Health at 1 Victoria St Triabunna fortnightly.

Appointments: 03 6256 4747. A referral is necessary

Swansea – Visits the Doctor’s Surgery monthly on a Monday. Referral appreciated.

Appointment: (03) 6257 8205

**East Coast Cancer Support Group** Support and information for current cancer patients, cancer survivors and carers. <http://www.cancertas.org.au/support-services/cancer-support-groups/southern-groups/>

Triabunna - Monthly meetings on first Wednesday of the month. Contact Cynthia: (03) 6212 5715.

**East Coast Health** – see Spring Bay Medical Centre

**Equipment Loan** can be arranged through the Southern Community Equipment Scheme. There is a cost for the service and a referral to Occupational Therapy is required at the same time. Information:

SBC&HC (03) 6257 3356

**Gateway Services** is the single entry point to all family and disability services in each area of the State - South East, South West, North and North West. Referrals to Gateway Services can be made by calling **1800 171 233** and speaking to a Gateway Intake Worker.

Gateway Services for South East Tasmania is: Mission Australia -Level 1/ 10 Bayfield Street, Rosny Park

**Gerontologist – Aged Care and Rehabilitation** GP referral required. Dr. David Dunbabin.

Triabunna: Monthly on Fridays – East Coast Health 1 Victoria Street . Appointment: (03) 6256 4747

Swansea: Monthly on Thursdays – Swansea General Practice . Appointment: (03) 6257 8205

#### **GP Private Service**

Triabunna - **East Coast Medical Centre**, 1 Victoria St, Triabunna.

Appointments: 6256 4747. Dr. Winston Johnson, Dr. Pranesh Naidoo, Dr. Frances Donaldson.

Swansea – May Shaw Health Centre, 37 Wellington St Swansea. Appointments: (03) 6257 8205

**Headway Community Outreach Service.** Clients and families/carers with an acquired brain injury through traumatic circumstances, stroke, hypoxia, medical misadventure, alcohol or other drug misuse can be seen at the Community Health Centre or elsewhere by prior arrangement. Information, referral and support provided on an ‘as required’ basis.

Information & appointments: 1300 138 296 [www.headwaytas.net.au](http://www.headwaytas.net.au)

**Headspace** - Eheadspace online and telephone service supports young people and their families going through a tough time. 1800 650 890 [www.eheadspace.org.au](http://www.eheadspace.org.au)

**Healthy Together - Bicheno to Buckland programs** envisages a “drive your own health” achievement in the municipality as part of the Rural Primary health Services. Programs include: Community social work, youth work, physiotherapy, podiatry and yoga/stretching, as well as a range of health and wellbeing programs.

Location: May Shaw Health Centre, 37 Wellington St, Swansea 7190.

Coordinator - [rphs1.mayshaw@iwwt.com.au](mailto:rphs1.mayshaw@iwwt.com.au) (03) 6257 9126 [www.facebook.com/htb2b](http://www.facebook.com/htb2b)

**Hearing Link Tasmania** Services include the provision of free hearing screenings, hearing loss consultations, support groups, prescription of Assistive Listening Devices (ALDs) and referrals and links to relevant health services. We also provide fee-for-service testing in noisy workplaces. This service aims to address the preventable causes of hearing loss and reduce its negative impacts on individuals and workplaces. Hearing Link Tasmania runs public educational programs around hearing loss and its impacts. We offer a range of resources including communication tool-kits that can be provided in conjunction with our education programs. We open our doors to anyone who may be at risk of acquiring hearing loss and to any individuals, groups or businesses who are seeking more information. Hearing Link Tasmania’s mission is to provide high quality care for Tasmanians who experience difficulties and disadvantage due to living with hearing loss.

Location: 139 New Town Road, New Town 7008. Phone: (03) 6228 1955. Freecall: 1800 982 212

<http://www.hearinglink.com.au/>

**Hobart Womens Health Centre** is run by women for women and provides:

- Information on general health issues;
- Individual support; and
- Opportunities to participate in activities, workshops and forums
- Opportunities to gain new skills and a better understanding of health issues.

**Women’s Health Information Line** - Supporting women to make informed health and well being choices by providing information on general women’s health issues, support services and other community and government organisations. Freecall **1800 675 028**, 9:15 am to 4 pm Monday to Thursday - messages can be left and we will respond as soon as possible. Translating and interpreting services are available

This is an information only line and our team does not give medical advice or opinion.  
Location: 25 Lefroy St, North Hobart TAS 7000; (03) 6231 3212. [info@hwhc.com.au](mailto:info@hwhc.com.au)  
<http://www.hwhc.com.au>

**Home Care and Maintenance.** Any member of the community with a functional disability, temporary or permanent, or those caring for someone with such, can access this service. Home care: assistance with some domestic duties. Maintenance: small repair jobs and removal of garden waste. Information: Community & Health Centre – (03) 6257 3356. Referral: 1300 769 699 – client’s consent is required for referral.

**Kids Help Line (24/7)** is a free, private and confidential, telephone and online counselling service specifically for young people aged between 5 and 25. 1800 55 1800 [www.kidshelpline.com.au](http://www.kidshelpline.com.au)

**Library (Health Resource)** provides community access to information relating to health and wellbeing, including: Men’s health, child raising, teenage years, depression, nutrition, what to do when someone dies, etc. Literature can be read at the Centre or borrowed for a maximum of two weeks. Books need to be signed out at Reception. Open 9:00am – 4:00pm weekdays.  
Location: Spring Bay Community & Health Centre, 3 Melbourne St Triabunna in the waiting area.

**Lifeline** – Crisis support and suicide prevention, 24/7. [www.lifeline.org.au](http://www.lifeline.org.au) 13 1114

**May Shaw Health Centre** provide Independent Living Units, Retirement Units, home care packages, Centre-based day care, general garden maintenance service, 24-hour emergency room, sub-acute beds, palliative care unit, GPs on-site, Health & Wellbeing Centre, Dental Practice, visiting private services including: physiotherapist, optometrist, podiatrist, audiologist, beauty therapist and employment services agency, and large meeting/function room for hire. Hosts Healthy Together - Bicheno to Buckland program.  
Location: 37 Wellington St, Swansea 7190. (03) 6257 9100 [ceo.mayshaw@iwwt.com.au](mailto:ceo.mayshaw@iwwt.com.au)

**Meals on Wheels** delivers meals to people who cannot reasonably provide a meal for themselves due to age, illness or disability. Short or long term orders taken, no referral needed. Small charge applies, monthly accounts. Special needs and diabetic needs available on request.  
Triabunna - Daily deliveries Little Swanport-Buckland. Kaylene Lee 0427 237 993  
Swansea – Pat (03) 6257 8108

**Mental Health Advocacy** provide support and information about rights, help to resolve problems or complaints and ensure that you are heard. Support is provided to a person with a mental health condition, relatives or friends to speak for themselves or by speaking for them. Statewide service, free, confidential, and directed by clients. Freecall: 1800 005 131 [www.advocacytasmania.org.au](http://www.advocacytasmania.org.au)  
Location: South – Suite 6, Mayfair Plaza, 236-244 Sandy Bay Rd, Sandy Bay 7005

**Mental Health Helpline** Counsellors available 7days a week and after hours.  
Clarence and Eastern District Community Mental Health worker visits Community & Health Centre 3 Melbourne St Triabunna fortnightly on Thursday. Appointment: (03) 6211 4580. Appointments also available at Sorell and Bellerive.  
Advice & referrals - Freecall 1800 332 388 or Clarence Eastern District (03) 6282 0350  
Mental Health Help Line: Freecall 1800 332 388 -



**National Disability Insurance Scheme (NDIS)** will insure all Australians against the lifetime costs of disability care and support. On 1 July 2013 the NDIS trials began in Tasmania for young people aged 15-24 - the full NDIS is to be rolled out between 1 July 2016 to 2019. Under the NDIS people with disability will make the decisions about their supports and choose the providers and people who will deliver those supports. Eligible individuals work with National Disability Insurance Agency (NDIA) planners to decide what supports they need to enable them to participate in their community and fulfil their goals and aspirations. Information available: <http://www.ndis.gov.au/>; Freecall: 1800 800 110  
Chris Oppert - [Chris.oppert@ndis.gov.au](mailto:Chris.oppert@ndis.gov.au) ; (03) 6332 8111

**Occupational Therapy.** Therapists assess a person's abilities to carry out personal activities of daily living and everyday tasks in their own homes. Interventions can include education/training in adaptive methods, prescription of adaptive equipment and home modifications. OTs visit the East Coast in response to referrals: (03) 6222 7280 or 1300 769 699.

**Optometrists.** Qualified optometrists check vision, check glasses/contact lenses and offer a selection of frames or referral to specialist services.  
Triabunna -

- Eyelines – visit the Community & Health Centre on the 1<sup>st</sup> Wednesday of the month. Appointment: Eyelines Sorell (03) 6265 3011. <https://www.eyelines.com.au>
- Glenorchy Eye Care visits East Coast Health at 1 Victoria St Triabunna once a month. Appointment: (03) 6256 4747. [www.glenorchyeyecare.com.au](http://www.glenorchyeyecare.com.au)

Swansea – Optometrist visits the H&W Centre monthly on a Tuesday, referral not necessary unless there is a specific problem. Appointment: (03) 6257 8205

#### **Pathways Tasmania Inc.**

- **Live Free Tassie** is Tasmania's only long-term residential drug and alcohol rehabilitation centre that provides support and recovery programs for young men (16-30yrs). The program aims to eliminate self-destructive habits through a holistic program that meets physical, emotional, mental and spiritual needs. The program thus goes well beyond just dealing with addictions, by also addressing self-image, work ethic, spiritual awareness, relationships and hope for the future.

Location: Live Free Tassie is based in Ellendale, in central Tasmania, and caters for clients from all corners of the State. Contact: (03) 6224 3090 [info@pathwaystas.org.au](mailto:info@pathwaystas.org.au); [www.pathwaystas.org.au](http://www.pathwaystas.org.au)

**Partners in Recovery Tasmanian (PIR)** supports people with severe and persistent mental illness and complex needs, and also works with people's families and friends, and with the services and community supports that people either come into contact with or could benefit from, so that everyone works in an integrated way. <https://www.pirtasmania.com.au>

Colony 47 -Hermione Hickling, Ac Area Manager, South. [hermione@colony47.com.au](mailto:hermione@colony47.com.au) 0448 373 638

Richmond Fellowship - Bunty Targett-Seymour, Support Facilitator. [buntyt@rftas.onmicrosoft.com](mailto:buntyt@rftas.onmicrosoft.com)

Location: C3, 64 Anglesea St, South Hobart, TAS 7004; (03) 6228 3344; [admin@rftas.org.au](mailto:admin@rftas.org.au)

#### **Physiotherapy.**

- THO-South public physiotherapy services are managed via the Spring Bay Health Centre, including referrals for outpatient and home visiting, which are prioritized according to critical need. (\* Also see Community transport). Free service, A referral is necessary. Appointment: (03) 6257 3356

- Clients can discuss with GP their eligibility and options for accessing up to 5 Medicare funded visits to private physiotherapy through a Chronic Disease Management Plan.
- Private physiotherapist:  
Triabunna - John Larkins, Contact East Coast Health (03) 6256 4747  
Swansea – John Larkins, May Shaw Centre (03) 6257 9100

### **Podiatry**

Triabunna -

- Royal Hobart Hospital Podiatry visits the Community & Health Centre once a month on Thursday. Referral is required. Appointment: (03) 6222 8403
- RHS Podiatrist visits monthly on a Friday. Appointment: Jon 0408 175 590

Swansea – Visits the H&W Centre 6-weekly. Appointment: (03) 6331 9568

**Prosser House Day Care Respite Centre** provides day respite services for people who are frail and ageing and people with a disability and their carers. Monday, Wednesday, Thursday groups; Friday mob  
Location: 10 Gore Street, Orford 7190 (03) 6257 1152 [prosserhouse@trump.net.au](mailto:prosserhouse@trump.net.au)  
Judy Bishop, Administrator

### **Psychologists**

- **Rural Psychology Tasmania , Spring Bay Psychology** - Dr. Tess Crawley (Principal Clinical & Forensic Psychologist), Jane Collins-Lunt (Psychologist)  
Triabunna: East Coast Health, 1 Victoria Street. Appointments: (03) 6256 4747; (03) 6223 2122

<http://www.tesscrawley.com/Rural-Psychology-Tasmania.html>

**PULSE Youth Health Service** (DHHS) Youth health staff work with young people 12-24 years to assist them to make informed life and health decisions

- Services are available statewide
  - Confidential consultations or group bookings
- Youth Health Services offer young people aged 12 - 24 years a flexible and confidential service including information, education, support, referral, and counselling on issues such as:
- Drugs and alcohol (including needle availability program)
  - Sexual health
  - Emergency health care
  - Specialist counselling
  - Pregnancy testing
  - Referral services
  - Anything that affects the health and well being of young people – eg. staff may be available to come and speak to students, groups of young people, teachers & parents of young people on issues relevant to youth health.
  - NOT a crisis service, but can be contacted by phone if required
  - Can provide assistance in health related matters, eg one-off pharmacy script, or purchase of something a young person can't afford but needs.

Location: 2 Terry St, Glenorchy TAS 7010 (03) 6233 8900

[https://www.dhhs.tas.gov.au/service\\_information/services\\_files/pulse\\_youth\\_health\\_south](https://www.dhhs.tas.gov.au/service_information/services_files/pulse_youth_health_south)

**QLife** - counselling and referral service for people who are lesbian, gay, bisexual, trans, and/or intersex (LGBTI). QLife provides nation-wide, early intervention, peer supported telephone and web based services to people of all ages across the full breadth of people's bodies, genders, relationships,

sexualities, and lived experiences. 1800 184 527, 3:00pm – 12:00 phone and chat on-line.  
<https://qlife.org.au>

**ReConnect** – Colony 47's early intervention service which reduces youth homelessness by working with young people aged 12-18. Reconnect offers individual support as well as family counseling. Specialised support services include parenting programs, newly arrive youth support services, and service provision in relation to adolescent violence in the home.

**Relationships Australia Tasmania** delivers a wide range of services from 3 main office locations: Hobart, Launceston and Devonport with counselling, education and some services also available by appointment in regional locations. We do not charge a fee for many of our services; however, a fee applies to counselling, family dispute resolution, mediation, education and children's contact services.

The following is a list of services we offer:

- Counselling
- Children's Contact Service
- Parenting Orders Program
- *Just for Kids* Supporting Children After Separation
- Family and Relationship Education
- Aboriginal Counselling and Community Support
- TassieMale - men's services
- Reconnect - support for youth
- Rural Support
- Disability Carers – Family Services
- Gamblers Help
- Dispute Resolution and Mediation
- Family Law Pathways Network
- Culturally and Linguistically Diverse services
- Employee Assistance and Professional Development
- Better Access to Mental Health Care Initiative
- Past Adoption Support Service
- Child and Adolescent Services Unit (CASU)
- Young Aboriginal Drug and Alcohol Service (yadas)
- Find and Connect Support Services
- Family Relationship Centres
- Royal Commission Support Service
- Partners In Recovery
- Tasmanian Suicide Prevention Community Network

For more information phone 1300 364 277; <http://www.tas.relationships.org.au/>

**Remedial Massage Therapist** – visits the Community & Health Centre 3 Melbourne St Triabunna on Fridays. Appointment: 0448 387 433

**Rural Alive & Well (RAW)** 1300 4357 6283 (1300 HELP MATE)

Outreach workers available 24/7 to respond to calls where people are at risk of suicide or to support family, friends and workmates who have concern for another person. Provide intervention where people are contemplating harming themselves or are struggling to cope with current and ongoing stresses. [www.rawtas.com.au](http://www.rawtas.com.au)

Andrew Baker Outreach Worker [abaker@rawtas.com.au](mailto:abaker@rawtas.com.au) 0400 131 256

## Rural Primary Health Services

Swansea –

- Community Social Worker is based at the Health & Wellbeing Centre at May Shaw weekly.  
Appointment: (03) 6257 9100
- Community Youth Worker is available Wednesdays and Thursdays.  
Appointment: (03) 6257 9100 or 0439 900 977

## Salvation Army Tas

**The Bridge Program** is a Tasmania-wide service for help overcoming and recovering from addictions related to Alcohol, Tobacco and Other Drugs. The Bridge program team will develop a plan that meets individual needs for adults and persons as young as 12 years old. Your own plan will fit your own special needs. We treat your privacy with utmost care, but if you like, your family, your boss, or even your parole officer can be involved. Families with concerns about drug and alcohol use in their households are able to receive help also. We offer you all sorts of services from visits at home from a nurse or counsellor, individual and group day programs, and live-in programs. We also help link you into other services that may assist with your needs. You can have a couple of discussions, or be involved in a whole year of receiving help — whatever suits you best.

The Bridge Centre (Hobart) phone line is open 24 hours a day, 365 days a year. (03) 6278 8140

Email: [bridgetasmania@aus.salvationarmy.org](mailto:bridgetasmania@aus.salvationarmy.org) (all hours) [www.bridgetasmania.org.au](http://www.bridgetasmania.org.au)

Grant Herring Manager (Alcohol, Other Drugs & Corrections)

**Sexual Assault Support Service Inc. (SASS)** provides counselling and support for men, women and children affected by sexual assault. The three main services are:

- **Galileo House** provides counselling and support for children and young people who have been subjected to sexual abuse. We provide counselling and support to family members and other support people. This service also provides counselling and support to children under 13 years and their families for problem sexualised behaviour issues.
- **The Sexual Assault Crisis Service** provides crisis counselling for all survivors as well as parents and carers. The crisis service also offers support with police statements, and coordinates medical and/or forensic examinations if required by victims of recent sexual assault.
- **The Adult Counselling and Support Service** provides individual counselling and group programs for any survivors of sexual assault 18 years and older, also family members and support people.

For further information visit the SASS website at <http://www.sass.org.au/>;

Contact SASS on (03) 6231 1817 (24 hours a day / 7 days a week) or (03) 6231 0044;

Email: [admin@sass.org.au](mailto:admin@sass.org.au). PO Box 217, North Hobart 7002

**S.H.E. - Support Help and Empowerment Inc** provides a confidential counselling and support service for women affected by domestic violence/abuse from an intimate partner - past or present. Services include

- Counselling (Face to face or telephone) and support service for women who have experienced domestic violence from past to present partners;
- Support group (depending on demand);
- Information and referrals for clients and service providers
- Community education; Library;
- Pets Aware Programme: assistance for pets of women leaving domestic violence.

Free service. Discreet counselling rooms at a Hobart location that is not signed or promoted. A limited service can be provided at other venues for women who are isolated or for various reasons, such as mobility, difficulties with transport or financial constraints are unable to come to the SHE premises.

Enquiries: (03) 6278 9090; Email: [admin@she.org.au](mailto:admin@she.org.au) For more information visit [www.she.org.au](http://www.she.org.au)

**Spring Bay Community & Health Centre** provides residents with access to health and community services, with a number of services, clinics and support groups which visit and operate from the Centre. A wide range of information is available in the reception area.

Location: 3 Melbourne St, Triabunna. Ph: (03) 6257 3356.

- Ortho-Bionomy Julie Luckman 0407 838 790 [www.ortho-bionomyhobart.com](http://www.ortho-bionomyhobart.com) Fortnightly in Triabunna
- Legs 4 Life – Community nursing program to keep legs healthy.
- Yoga classes – Wednesday mornings 9-10am Sue Nettlefield 0429 326 780 [sue@nettlefold.net](mailto:sue@nettlefold.net)
- Get Knitting for Charity – last Tuesday of each month

**Swansea Community Health Centre** provides residents with the opportunity to access quality health and community services. There are a number of Community Services, Visiting Services, Clinics and Support Groups that operate from the centre. Other services including inpatient and outpatient services are available through the support of the May Shaw Nursing Centre.

Location: 9 Schouten Court, Swansea 7190. Ph: (03) 6250 2105 Mon-Fri 8:00am-4:00pm

**TasMen** is a community organisation based in Tasmania and run by volunteers as a self-funded and independent Association. Our purpose is to strengthen our wider communities by supporting and promoting the mental health and wellbeing of all men. We do this by providing safe, non-judgemental places where men can share, learn and develop deep friendships and wider networks. The Common Ground men's programs, our annual men's gathering, our active online support services and our networking with similar organisations across Australia help us to achieve this purpose. TasMen welcomes all men; we are not aligned to any ideology, creed or political persuasion.

Information: (03) 6239 9589 <http://tasmens.org.au>

TasMen Admin Officer, PO Box 1, Rosny Park, 7018

### **The District Nurses**

The District Nurses provide professional care to clients in their own homes. An initial assessment is carried out to determine need. Care may involve nursing treatments, associated personal care, palliative care and referral for additional services and support. Home Help - provides domestic assistance to clients in their own homes. Personal Care - regular personal care involving assistance with daily living tasks such as showering, grooming and dressing. People who are frail and ageing, people with a disability and their carers may be eligible for this service.

Information or booking: Telephone (03) 6208 0500

[https://www.dhhs.tas.gov.au/service-information/services/files/the\\_district\\_nurses](https://www.dhhs.tas.gov.au/service-information/services/files/the_district_nurses)

**The Link** is a free, confidential service offered to the youth of Tasmania dealing with issues such as drug use, pregnancy, sex, infections and diseases, housing, diet and nutrition and just about anything else!

Location: 57 Liverpool Street 7000. Phone: (03) 6231 2927

For more information visit [www.thelink.org.au](http://www.thelink.org.au)

**Walk Talk Group** leaves the Community & Health Centre 3 Melbourne St Triabunna at 9:30am each Thursday, with different walks each week. A calendar of walk destinations is available from the notice board in the front foyer of the Centre. All welcome. Please bring hat, water, raincoat.

**Working It Out** - Information and resources for Tasmanian parents and families of young people who are Lesbian, Gay, Bisexual, Transgender, Intersex, Sexuality Diverse and Gender Diverse.

Location: 39 Burnett Street, North Hobart 7000 (03) 6231 1200; [www.workingitout.org.au](http://www.workingitout.org.au)

**Yemaya Women's Support Service** provides counselling, support and information to any woman who is or has been in an abusive relationship or is affected by domestic violence. Primarily work with women over 16 years of age concerning experiences in an intimate relationship, but flexible, eg mother/son abuse. Cost - free and confidential service. Location: Launceston

For more information: (03) 6334 0305; [admin@yemaya.com.au](mailto:admin@yemaya.com.au); [www.tasfamilylawpathways.com.au](http://www.tasfamilylawpathways.com.au)

## Emergency Shelters, Accommodation and Support

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**Annie Kenney Young Women's Emergency Accommodation** Provides accommodation and support for young women between 13 and 20 years old, who are homeless or having difficulty living at home and who are transient, pregnant, experiencing domestic violence or abuse.

Location: Hobart Contact: (03) 6272 7751

**Bethlehem House** (St. Vincent de Paul Society) is a 24-hour service centre for homeless men over 20 years of age. It provides a communal setting for up to thirty men, with a mix of single and double bedrooms with shared bathrooms. It offers crisis accommodation, medium to long-term semi-supported accommodation, and some support services to non-residents. Location: 56 Warwick Street, Hobart Contact: (03) 6234 4594

**Hobart Women's Shelter** provides crisis accommodation and support for women who experience homelessness and domestic violence.

- Emergency accommodation for up to 6 weeks. During this time we provide assistance and advocacy to support women and children as they arrange long-term accommodation.
- Fully furnished and equipped 2 and 3 bedroom safe houses
- An experienced support worker to provide case management addressing any concerns such as parenting issues, legal issues, physical and mental health issues, drug and alcohol issues
- Referrals and advocacy with other services such as counselling, legal help, family law court, health services, transitional support services, transport, schools. We also assist with arranging and attending some of these appointments.
- Support for women, children and young people as they deal with their feelings about the changes and difficulties they have experienced
- Individual and group information and social sessions.

Location: Hobart Contact: (03) 6273 8455

**Housing Connect** is the one stop shop for housing and support needs, including applying for a home with Housing Tasmania and access to emergency accommodation. Housing Connect will complete your housing and support assessment as well as refer you to the support services right for you.

Location: Level 3, 181 Collins Street, Hobart Contact: 1800 800 588 (24 hour free call)

**Jireh House** is a 24 hr crisis accommodation and support service for women and women and children who have become homeless due to domestic violence and other life crises.

Location: Kingston Contact: (03) 6232 3850

**Karinya** provides short term crisis accommodation to young women aged 13 to 20 years; there is a worker on duty 24/7, and 365 days of the year. The main house provides accommodation for up to 6

young women, plus two separate onsite units for extended crisis stays. Support is provided to find longer term stable accommodation. Karinya works with support services in the region to deliver a cooperative case management approach for individual clients, and provide referrals to service providers of education, mental health, sexual assault, pregnancy, legal issues, violence, drug & alcohol, relationship counseling and family mediation.

Location: Launceston Contact: (03) 6331 0774

**Launch** (Pathways Tas. Inc) is shelter for male youth (13-22 yrs) who are either homeless or troubled by mental health issues. Launch also caters for high and complex needs clients including youth detention alternatives. Launch operates one 6-bed “high care” shelter where all clients initial stay with 24/7 supervision, plus two 2-bed “independent living” units for clients who are ready to transition to semi-independent living.

Contact: (03) 6224 3090

**Magnolia Place - Launceston Womens’ Shelter** provides short-term crisis accommodation to women and children who are homeless and/or experiencing family violence. A safe place for women and children - secure, affordable, self-contained accommodation; supportive environment; assistance with housing and legal issues; provision of essential transport; referral to appropriate agencies

Location: Launceston Contact: (03) 6344 5322

**Mara House** (Colony 47) provides 24 hour supported accommodation for up to six young women aged 13-18 who are homeless or at risk of homelessness. It can also provide emergency accommodation. The service aims to support young women to build their resilience and a pathway out of homelessness. Young women who stay at Mara House are given the opportunity to develop practical skills such as budgeting, cooking, cleaning, and perhaps most importantly to develop good communication skills. Mara House offers a place for a young woman to live, while being supported to reconnect with family, education and community and either return home or move into long term suitable accommodation.

Location: Hobart Contact: 6231 2782 or 0418 315 027

**McCombe House** (Salvation Army) provides supported emergency accommodation for single women and women with children escaping domestic violence and homelessness. McCombe House is a 6 – 8 week safe and secure crisis accommodation for women and children from all cultures and backgrounds.

- Non judgmental friendly staff
- Referrals to appropriate services
- Support and Advice on a range of many issues

McCombe House provides a framework to assist women/children to establish a sense of control over their own lives to value themselves as individuals and support them back into the community.

Location: Hobart Contact: (03) 6228 1099

**Youthcare** (Anglicare) provides crisis accommodation for young men aged 13 to 20 in southern Tasmania, with support and assistance to reconnect with family or to establish safe long term accommodation.

Location: Hobart Contact: (03) 6273 9215

## Education, Training, Employment

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**Adult Literacy** – free assistance to improve literacy and numeracy for people aged 16 and over. Tutors are available in Triabunna area. <http://26ten.tas.gov.au>

Contact: Chris Oriel, Coordinator [Chris.oriel@education.tas.gov.au](mailto:Chris.oriel@education.tas.gov.au) (03) 6269 2824 Sorell Library/LINC

### Advanced Personnel Management (APM)

- APM Disability Management Services – Providing assistance for people with health conditions, injury, or disability to secure sustainable employment that will not exacerbate their health or disability. People can be referred through Centrelink or in some cases, directly register with APM (subject to eligibility guidelines). Age group: 14 – 65. Must have a diagnosed health condition or disability. SORELL OFFICE ONLY AT PRESENT – CLIENTS NEED TO GO TO SORELL  
Main Office: L2, 45 Murray Street, Hobart (03) 6234 2199 [www.apm.net.au/](http://www.apm.net.au/)  
Manager - Dianne Muskett [dianne.muskett@apm.net.au](mailto:dianne.muskett@apm.net.au)  
Sorell: Shop 2 33-37 Cole St, Sorell. Office open Tuesday & Thursday (03) 6234 2199.
- APM Employment Services – Jobactive - provides services to employers, government and job seekers which are designed to place people into meaningful employment. As part of the employment process, we assist with job matching, pre-employment screening/assessment, preparation for work, job placement and post-placement support. . SORELL OFFICE ONLY AT PRESENT – CLIENTS NEED TO GO TO SORELL  
Sorell: Shop 2 33-37 Cole St, Sorell . Office open Tuesday & Thursday (03) 6234 2199;  
1300 276 456. Main Office: L3, 45 Murray Street, Hobart . Manager: Karen Gawley

**Avidity Training & Development** is a Registered Training Organisation with a difference - innovative and flexible with training. Deliver training at Triabunna by negotiation.

Avidity Training and Development is an approved provider for the Language, Literacy and Numeracy and Employability Skills Service. This specialist service funded by Skills Tasmania is now available to training organisations that are contracted to deliver training to a range of individuals under contestable programs Career Start and Jobseekers Skills Fund. Call Monica on 0412 707 397.

Location: 25 - 31 Tasman Highway, Waverly, TAS 7250. (03) 6339 2813; [admin@avidity.com.au](mailto:admin@avidity.com.au)

Carmen Gumley, Director [carmen@avidity.com.au](mailto:carmen@avidity.com.au); [www.avidity.com.au/](http://www.avidity.com.au/)

**Blue Line Employment** is a specialist job agency that is committed to supporting people with disability to gain and maintain employment. By working together on an individual basis to build confidence, work ability, job readiness and establishing the right employment plan we have successfully placed job seekers in a wide range of occupations and industries. As a Disability Employment Network there is no cost to eligible clients. Employers are also welcome to use our free Employer Assistance Service.

Location: 162 Macquarie Street, Hobart Tasmania 7000. Tel. (03) 6223 2622. [info@ble.org.au](mailto:info@ble.org.au)  
<http://www.ble.org.au/>

**CSIRO Education Scientists in Schools.** Scientists and/or mathematicians can work with students and teachers in schools on particular projects.

Jennifer Hemer, Project Officer | Scientists and Mathematicians in Schools | ICT in Schools

CSIRO Education and Outreach [jennifer.hemer@csiro.au](mailto:jennifer.hemer@csiro.au); (03) 6232 5091 Monday, Tuesday and Wednesday (morning only).

[www.scientistsinschools.edu.au](http://www.scientistsinschools.edu.au) | [www.mathematiciansinschools.edu.au](http://www.mathematiciansinschools.edu.au)



**EVICE** provides training in information technology, iPads, mobile phones, web development, computer repairs, web hosting, virus removal, etc. Discuss your needs with Jason Watson 0424 206 871; [Jason@evice.com.au](mailto:Jason@evice.com.au);

Location: 9 Bridge Street, Swansea. [www.evices.com.au](http://www.evices.com.au)

**Impact Communities** was established in 2014 as an initiative of Workskills Inc., a leading not-for-profit community based employment services provider. Since 1983 Workskills has offered support, employment and training solutions to job seekers, employers, industry and the community in Southern Tasmania. Impact Communities draws on this experience and expertise to plan, build, and deliver a range of opportunities to improve the lives of people and communities. Our aim is to address unmet needs in innovative ways with new programs, projects and initiatives that can be implemented by us and others. Impact Communities, where possible, adopts a "Collective Impact" approach, which brings together organisations from across government, community and the business sector to develop solutions for difficult social issues and ultimately achieve important social change.

Mark Boonstra [markb@workskills.org.au](mailto:markb@workskills.org.au) (03) 6234 7575 [www.impactcommunities.org.au/](http://www.impactcommunities.org.au/)

**Isolated Childrens Parents Association – East Coast Branch** - are very passionate about children on East Coast being provided with a good education and opportunities to develop to the best of their ability. Obtaining living away from home allowances for children is not our prime focus - ICPA is more than this.

Report on activities is available: <http://www.icpa.com.au/branches/view/93/east-coast-tas>

President: Mrs. Susan Kean (03) 6258 7561

### **Max Employment**

Swansea - Wednesdays from 10:00 at May Shaw Health Centre. Appointments: (03) 6282 3500

Office: 5 Bayfield St, Rosny Park 7018. [rosnypark@maxemployment.com.au](mailto:rosnypark@maxemployment.com.au)

Location: Main Office - Level 5, 188 Collins Street Hobart [www.maxsolutions.com.au/](http://www.maxsolutions.com.au/)

Work Experience and Community Liaison Coordinator (03) 6238 4500

David Maddox, Business Manager [david.maddox@maxemployment.com.au](mailto:david.maddox@maxemployment.com.au); [www.maxsolutions.com.au](http://www.maxsolutions.com.au)

**National Disability Coordination Officer** program, **Mission Australia** - helps people with a disability access and participate in tertiary education and subsequent employment. The NDCO Program aims to address barriers that people with disability sometimes face by: Improving linkages between schools, universities vocational education and training organisations, job services and organisations that support people with disabilities; Improving transitions between school/community and tertiary education and finding a job; Improving participation in tertiary education and work. Free service.

Appointment: (03) 6225 8217. Colleen Hooper - [hooperco@missionaustralia.com.au](mailto:hooperco@missionaustralia.com.au)

Location: Site 2, Level 1, 175 Collins Street, Hobart. Travels to Triabunna. [www.ndcotas.com.au/](http://www.ndcotas.com.au/)

**Orford Primary School** –values a 'family' atmosphere of caring, sharing and respect for the welfare of others. This atmosphere is achieved through the friendly interaction with staff, students and parents. We recognise each child is an individual who is valued and respected as an important member of the school community. The K to 6, PreKinder and Birth to 4 programs offered by our school aim to develop each child's potential in all areas, whilst recognising the needs and differences of individual children. The building of self esteem and resilience are high priorities within our school. It is of great importance that when our students leave us that they can go on learning in other situations with a high degree of self confidence. The teachers and support staff show genuine care and concern which creates an enthusiastic and productive learning environment. Our school values highly quality child, teacher and parent relationships. We welcome parents into our school and encourage their active participation in all

aspects of our school life. We maintain high expectations of our students through personalised learning, consistent monitoring and regular communication.

Location: 35 Charles Street, Orford TAS 7190. (03) 6257 1126

Principal: Elizabeth Humphries <http://orfordprimary.education.tas.edu.au/>

**PROJECT 47** – Colony 47's Transition to Work program for young people 15 -21 who have left school without Yr 12 or Certificate III, or who have Yr 12 but have been unable to find work. Some eligibility criteria apply, talk to our staff for details. Part time office (2 days/week) in Sorell, may be able to outreach to East Coast.

Location: 32 Davey Street, Hobart 1800 265 669; **Sorell** - Thurs & Fri. Natalie Wright 0491 222 360

[www.project47.com.au](http://www.project47.com.au)

**Rosny College** - a senior secondary college, catering for all students who wish to continue their education; however, our prime target group is the students moving from Year 10 into Years 11 and 12 and we welcome them regardless of their ability.

Location: 20 Bastick Street, Rosny Park TAS, 7018. Phone: (03) 6244 9200;

Principal: Deb Day

email: [rosny.college@education.tas.gov.au](mailto:rosny.college@education.tas.gov.au); Website: <http://rosnycollege.education.tas.edu.au>

**Smart City** is a private training provider and currently delivers self-paced courses in Business, Horticulture, Counselling, Retail, and Hospitality. These can be on-line, campus-based or a combination of these. Kids Club - child care is provided on site.

Location: 242 Liverpool St, Hobart TAS 7000 (03) 6231 5521 <http://smartcitycollege.edu.au/>

Contact: Martin Bohona 0424 042 180

**Sorell Library** - LINC Tas, Sorell. Library services. Adult Literacy – free assistance to improve literacy and numeracy. Tutors are available in Triabunna area.

Contact: Chris Oriel, Coordinator [Chris.oriel@education.tas.gov.au](mailto:Chris.oriel@education.tas.gov.au)

**South East Trade Training Centre** – Currently offering Certification (I, II, III) training in Hospitality, Horticulture and Aged Care. In 2016 will be expanding in to Agriculture/Rural Studies and Animal/Livestock Husbandry/handling out of Sorell. Also looking at offering short courses at all three facilities in such things as Barista, Safe food handling, kitchen operations, basic computer training, RSA (responsible serving of alcohol) to name a few. We will look at facilitating whatever the community wants and what industry/employers require. In 2016 all three facilities will be conducting horticulture courses if funding is approved. Some courses are funded but some also have a cost that the participant will have to pay, or if on welfare benefits and registered with a Job Service Provider may be free.

Location: 41 Gordon St, Sorell, next to School Farm/Primary School (entry off Forcett Street).

Tasman and Triabunna Campus located at respective schools. The Centre offers modern facilities with ample parking, with training rooms available for private use at a very minimal cost.

Contact: Rick Birch, South East Trade Training Centre Co-Ordinator. (03) 6269 1199; 0428 792 851;

[rick.birch@education.tas.gov.au](mailto:rick.birch@education.tas.gov.au)

**Spring Bay Medical Centre** provides a range of medical and allied health services in the region.

Location: East Coast Health - 1 Victoria St, Triabunna. Appointments: (03) 6256 4747

GP: Dr. Pranesh Naidoo

After Hours: Healthdirect Australia – free 24-hour health advice line staffed by registered nurses – 1800 022 222

Home Visits available for regular patients who are unable to attend the surgery. Phone early to book.

Other services available: Optometrist, Diabetes educator, Gerontologist, Dietitian, Physiotherapist, Clinical & Forensic Psychologist.

**Spring Bay Online Access Centre** - Access to public computers and facilities - Please contact to book. Space to study, research or read - Ask for particular needs; Support available. School holiday activities. Location: Cnr Vicary & Melbourne Street, Triabunna, Tasmania. (03) 6257 3698  
[springbay.oac@education.tas.gov.au](mailto:springbay.oac@education.tas.gov.au); Caroline Duncan, Coordinator

**Swansea On-Line Access Centre** - Access to public computers and facilities. Space to study, research or read - Ask for particular needs; Support available. School holiday activities.  
[swansea.oac@education.tas.gov.au](mailto:swansea.oac@education.tas.gov.au); (03) 6257 8806  
<http://www.linc.tas.gov.au/locations/Pages/Swansea-oac.aspx>

**Swansea Primary School** – Swansea Primary is a small school of under 100 students . The range of skills within the community enables our students to have a diverse range of learning opportunities both at school and within the community. Personalised learning programs suit student needs and continue a commitment to maximize Learning Support and Extension Teacher and teacher assistant resources. Staff are committed to all our students having full access to and participation in programs and achieving their full potential. Great priority is placed on preparing students for transition to secondary school.

**Location:** 25 Franklin Street, Swansea TAS, 7190. (03) 6257 8126;  
<http://swanseaprimary.education.tas.edu.au/>  
Principal: Jennie Amos [Swansea.Primary@education.tas.gov.au](mailto:Swansea.Primary@education.tas.gov.au)

**TasTAFE** is a provider of Vocational Education and Training (VET) services purchased by the Government through the Department of Education. There are currently no courses planned in Triabunna, prospective students would travel to location where courses are held. There are 7 campuses in the south, 4 in the north and 3 in the north-west.

Information: <http://www.tastafe.tas.edu.au>; 1300 655 307

**Tasmanian Hospitality Association (THA)** hosts the Jobs Pool - On-Line job matching portal for prospective employer members to match vacancies in Hospitality/Tourism to jobseekers. Confidential service, neither vacancies nor resumes can be seen by parties other than the Coordinator, who individually matches. Registration is on-line - once registered, job seekers will be automatically matched to available vacancies in the areas they want to work in, taking into account where and when they can work. Employers can register positions and have access to the best candidates and support by APM and THA. Registration for jobseekers is free.

Hotline: 0438 144 102; [www.jobspool.com.au](http://www.jobspool.com.au)

Coordinator – seconded to THA for Jobs Pool project from APM: Robyn Hamilton-Smith  
[robyn.hamilton-smith@apm.net.au](mailto:robyn.hamilton-smith@apm.net.au)

**Tasmania Police** work in public safety, crime reduction, traffic policing and emergency management. Police Recruitment offer exciting opportunities for interested Year 12 students. Expressions of Interest need to be submitted, and selection will be made based on applications. For information, go to <http://www.police.tas.gov.au/join-us/>.

**Triabunna District School** - The school provides a co-educational facility for Year K to 6 students from Triabunna area and for Year 7 to 10 students from our Municipality including Swansea, Little Swanport, Triabunna, Orford and Buckland. There are approximately 165 students in the school equally divided across the primary and secondary sectors. This combined setting of a K-10 facility provides a unique

context where whole school approaches can be adopted to ensure the best learning opportunities are available to meet the individual learning needs of all students. Whilst we strive to cultivate academic and career success, our main mission is the development of the whole child. We wish our students to aspire to high personal standards and goals, respectful interaction with their peers and others and respect for the environment.

Location: 15 Melbourne Street, Triabunna TAS, 7190; (03) 6257 3199;

<http://triabunna.education.tas.edu.au/>

Principal: Annette Parker. Email: [Triabunna.District.High@education.tas.gov.au](mailto:Triabunna.District.High@education.tas.gov.au)

**University of Tasmania - UTAS** – “Our ranking in the top two per cent of universities worldwide reflects our willingness to constantly challenge ourselves. We’ve never been afraid to take on the world – something we pass on to each of our more than 29,000 local, national and international students. Throughout their careers, this underpins the success of the 90,000 alumni we have spread across more than 120 countries. Internationally recognised teaching programs and research institutes like the Australian Maritime College (AMC), Menzies Institute and Institute for Marine and Antarctic Studies have built our reputation. With their vision and success, we’re standing out as an educational beacon and a global voice of learning. Our commitment to the extraordinary tells the world one thing. Wherever you’re from – and wherever you’re headed – at the University of Tasmania you have the opportunity to use education to become whoever or whatever you want.”

Location: Churchill Avenue, Sandy Bay 7005. (03) 6226 2999 [www.utas.edu.au/](http://www.utas.edu.au/)

**Volunteering Tasmania** is the Peak body for volunteering, aiming to make a positive impact on volunteerism, and helping to improve and sustain the community and the people within it. Volunteering is proven to have a positive effect on mental and physical health, as well as being a potential pathway to employment. [www.volunteeringtas.org.au/](http://www.volunteeringtas.org.au/)

Location: 95-97 Campbell St, Hobart 7000. 03 6231 5550; Freecall 1800 677 895

**Willson Training** - offers a range of courses from Business, Childcare and Education Support to Retail , as well as tailored programmes to suit both individual learners and employers. <http://centacaretas.org.au/willson/courses/>

Location: 35 Tower Road, NEW TOWN Tas 7008 Phone: (03) 6208 6000 [Willson.projects@aohtas.org.au](mailto:Willson.projects@aohtas.org.au)

**Workskills Employment Solutions** - is a not-for-profit community based employment services provider, offering support, employment and training solutions to jobseekers, employers, industry and the community in Southern Tasmania and assisting local Centrelink-referred job seekers to find meaningful and sustainable employment. Workskills assists employers to find suitable candidates for vacancies that may arise within their businesses, and also works with a number of charity and community organisations to assist job seekers in their search to find work and acquire skills and knowledge to improve their employment prospects. [www.workskills.org.au/](http://www.workskills.org.au/)

Outreach services managed from Rosny site . Appointments: (03) 6262 5400

Location Triabunna - Municipal Office Rec Room Cnr Vicary & Henry Sts, Triabunna, TAS 7190. Every second Thursday 9:30am – 12:30.

Location Sorell - Memorial Hall 47 Cole Street, Sorell, TAS 7172 Closed the first Wednesday of every month, 10am - 3:30pm every other Wednesday and every Thursday 10am - 3:30pm.

## Student Accommodation and Financial Support

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**Fusion Student Accommodation** provides accommodation in Gryces Road, Kingston for students enrolled at Hobart College.

Information: Davis Rowe, Accommodation Coordinator 0412 223 558

**Housing Connect** - Colony 47 is the lead agency providing Front Door services, with support being delivered by Colony 47 and its collaborative partners. Colony 47 provides limited student accommodation:

Rosny – independent units located 10 minutes from Rosny College are available to full time students enrolled at the campus, who have an independent income. Support is provided to students to live independently.

Mt. Nelson- independent units located close to the Hobart College are available to full time students enrolled at the campus, who have an independent income. Support is provided to students to live independently.

For more information call 1800 800 588.

**Springvale Student Residence** provides accommodation and pastoral care for students from country Tasmania and overseas who attend school, college and University in Hobart. It offers semi-supported accommodation for students with disabilities studying at college, TAFE or Polytechnic. Shuttle buses run to UTAS and Colleges. Springvale also provides accommodation for Backpackers holidaying in Tasmania during semester break and when available.

Enquiries can be made direct to the hostel office on 03 6228 1282 during business hours. The duty supervisor is available on this number between 17:30 hrs and 23:00 hrs local time. The manager can be contacted on 0448 554 514.

Location: 2-4 Midwood Street New Town TAS 7008. [springvale@southcom.com.au](mailto:springvale@southcom.com.au);

**TasTAFE Student Accommodation** is available for up to 93 full-time students, students on block release or short term training. Accommodation to private individuals and groups may be provided by prior arrangement with Supervisor. Accommodation is in units consisting of four bedrooms, each with study facilities, a shared living/dining area with TV, kitchen, bathroom and separate toilet. Units are equipped with a kitchenette containing refrigerator, crockery, cookware, cutlery, toaster, jug and stove and/or microwave. There are separate communal areas for relaxing, recreation, games and group activities with off street parking and BBQ facilities also available.

Location: 4a Bounty Street Warrane close to bus stops and a 30 minute walk to Eastlands and Rosny College.

Information: contact Jill Wright on 6244 3611 or 0400 920 397; [Jill.wright@education.tas.gov.au](mailto:Jill.wright@education.tas.gov.au)

### **Claremont College**

Claremont College students have access to unit accommodation. First preference is given to students that live at least 90 minutes away from Claremont College and fulfill Centrelink eligibility for either Youth Allowance or the Assistance for Isolated Children Allowance. The accommodation is managed through Housing Connect. Call: 1800 265 669

### **Clarence**

Student residences at Clarence in Hobart provide self-contained motel style units. The Clarence residences are available both for short or long term. For further information contact Clarence on (03) 6165 6591.

### **Burnie**

Student residences in Burnie offer supervised student accommodation and full board, on campus. The residence is unit-style accommodation with students sharing a living area, kitchenette and bathroom facilities. For further information, please contact the residence management on (03) 6433 4852

### **Alanvale**

Student residences at Alanvale in Launceston provide self-contained motel style units. The Alanvale residences are available for both short and long term. For further information, contact Alanvale on (03) 6777 2687.

### **Newstead**

Accommodation facilities for 50 students are available on the Newstead College site. Accommodation consists of three, four and five-bedroom apartments. Students are responsible for their own cooking. For further information please call (03) 6332 3232, or read [this document](#).

## **Financial Support for Students**

\* Please check current information on DHS Website <http://www.humanservices.gov.au>

**Youth Allowance** - Financial help for people aged 16 to 24 years who are studying full time, undertaking a full time Australian Apprenticeship, training, looking for work or sick.

Eligibility basics

- 16 to 21 years of age and looking for full time work or undertaking approved activities
- 18 to 24 years of age and studying full time
- 16 or 17 years of age and have completed year 12 or equivalent, or undertaking full time secondary study and need to live away from home in order to study, or are considered independent for Youth Allowance, or
- 16 to 24 years of age and undertaking a full time Australian Apprenticeship

Information: <http://www.humanservices.gov.au/customer/services/centrelink/youth-allowance>

**ABSTUDY** - Aboriginal and Torres Strait Islander students who are studying an approved secondary course may get Abstudy. Primary school students under 14 years of age on 1 January in the year of study may also qualify. ABSTUDY provides money for:

- accommodation - rent assistance, boarding fee supplements
- expenses for fields trips or work placements that require travel away
- fares for travel between your permanent home and the school at the beginning and end of term
- living expenses
- prescription medication
- school fees, books, uniforms and other school costs.

Information: <http://www.humanservices.gov.au/customer/services/centrelink/abstudy>

### **Secondary school students living away from home**

If you are a secondary school student who lives away from home to study, you may be eligible for the higher [rate of Youth Allowance](#) if:

- it takes more than 90 minutes by public transport to travel from your parents' home to your place of study
- your parents' home is located in an isolated area. For example, at least 56 km away from an appropriate government school, or is isolated because of impassable roads for 20 school days in a year
- your parents' home is not an adequate place to study, because your parents move frequently, or because of family conflict or illness
- you have a disability and your parents' home is isolated from special facilities you may require
- your parents move out of the area and you are in Year 11 or 12, or
- an equivalent activity is not available locally

Secondary level students cannot bypass local schools out of choice. If your local area provides reasonable access to an appropriate government school, you will not be eligible for the away from home rate if you choose to attend another school outside your local area.

Information: <http://www.humanservices.gov.au/customer/enablers/centrelink/youth-allowance/live-away-home-higher-rate>

### **Tertiary students living away from home**

If you are a dependent full time tertiary student who lives away from home to study, you may be eligible for the higher [rate of Youth Allowance](#) if:

- it takes more than 90 minutes by public transport to travel from your parents' home to your place of study
- there is a compulsory requirement to reside at your education institution while you study, or
- you are undertaking part of your Australian approved course at an overseas institution

Information: <http://www.humanservices.gov.au/customer/enablers/centrelink/youth-allowance/live-away-home-higher-rate>

### **Independent students living away from home**

If you are a full time independent student living away from your parents' home to study or train, you will be eligible for the higher [rate of Youth Allowance](#) regardless of your reason.

If you are a full time independent student living in your parents' home while you study or train, you may be eligible for the lower at home rate, unless:

- you are or have been a member of a couple, or
- you have a dependent child

Information: <http://www.humanservices.gov.au/customer/enablers/centrelink/youth-allowance/live-away-home-higher-rate>

### **Australian Apprentices living away from home**

If you are an Australian Apprentice, you may be eligible for the higher [rate of Youth Allowance](#) if you need to live away from your parents' home to undertake your apprenticeship.

Information: <http://www.humanservices.gov.au/customer/enablers/centrelink/youth-allowance/live-away-home-higher-rate>

### **Job seekers living away from home**

You may get the higher [rate of Youth Allowance](#) if you need to live away from home to look for work and the move will significantly increase your chances of getting work. You may be eligible for the higher rate if:

- it takes more than 90 minutes by public transport to travel from your parents' home to your approved activity or work

- it is unreasonable for you to live at home and look for work due to extreme family breakdown, serious risk or other exceptional circumstances, or
- you have a disability and your parents' home is isolated from special facilities you may require

Information: <http://www.humanservices.gov.au/customer/enablers/centrelink/youth-allowance/live-away-home-higher-rate>

Further assistance when living away from home:

**Rent Assistance** - If you are paying rent, you may also be eligible:

Information: <http://www.humanservices.gov.au/customer/services/centrelink/rent-assistance>

If you are a full time student living away from home, you may also be eligible for:

**Fares Allowance** if you are a student living away from your permanent home to study and are receiving:

- ABSTUDY, as a full-time or part-time tertiary student or as a secondary student
- Austudy, as a full-time or eligible part-time tertiary student
- Pensioner Education Supplement, as a full-time or eligible part-time tertiary student, or
- Youth Allowance, as a full-time student or with study as the only activity you are required to fulfil

For eligible students, Fares Allowance covers:

- a single journey from your permanent home to your place of study at the beginning of the academic year
- one return journey between your place of study and your permanent home during the year, if you have been receiving Youth Allowance, ABSTUDY, Austudy, or the Pensioner Education Supplement for six months or more, and
- a single journey from your place of study to your permanent home when you finish or stop your studies for the academic year

Fares Allowance is paid for the cost of the least expensive form of public transport that is practicable and can only be paid for travel within Australia.

You are usually paid Fares Allowance after your journey. You need to provide proof that you have travelled, and how much you paid, when you make a claim for Fares Allowance.

Information: <http://www.humanservices.gov.au/customer/services/centrelink/fares-allowance>

**Apprentices and Trainees:** An accommodation allowance of \$40 per training day (to a maximum of \$200 per week) is available to apprentices and trainees who have to travel more than 40 kilometres each way to attend training with a training provider within Tasmania.

Information: Freecall 1800 816 057; Email: [enquiries@skills.tas.gov.au](mailto:enquiries@skills.tas.gov.au); Web: [www.skills.tas.gov.au](http://www.skills.tas.gov.au)

### **Relocation Scholarship**

Information: <http://www.humanservices.gov.au/customer/services/centrelink/relocation-scholarship>

Tasmanian Government: Financial support that is available for students and parents includes:

#### **Student Accommodation Allowance (SAA)**

The Student Accommodation Allowance provides financial assistance to students in years 11 and 12 who must live away from their usual Tasmanian home in order to study subjects that are not available at their local registered government or non-government school. The allowance limited to a maximum of two years unless special circumstances exist. The allowance is not means tested. A new application Form is required each year. Do not confuse this Tasmanian Government allowance with Isolated Childrens Allowance, Youth Allowance, Austudy or ABSTUDY which are available from the Commonwealth Government and are delivered through Centrelink. The allowance is \$1400 for students who study for the full year (2015).



Information: <https://www.education.tas.gov.au/documentcentre/Documents/Student-Accommodation-Allowance-%28SAA%29-2015-Application-Form.pdf> or call 1800 816 057.

## Financial

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**Anglicare Financial Counsellor** – provides individual, confidential financial counselling service. Bookings by appointment at SORELL, based one day per week.

Bert Aperloo [b.aperloo@anglicare-tas.org.au](mailto:b.aperloo@anglicare-tas.org.au) (03) 6213 3555; Freecall 1800 243 232  
<https://www.anglicare-tas.org.au/service/financial-counselling-service>

**No Interest Loan Scheme - NILS** Network Tasmania - can lend funds to buy new items and services, including:

- Household essentials like fridges, washers and some furniture
- Education essentials like computers, school trips and text books
- Medical and dental equipment and services
- Car care essentials like registration, tyres and repairs\*

We provide between \$300 and \$1,200 in no interest loans to help with items and services in these categories. Repayments are from \$20 to \$37 fortnightly using Centrepay deductions. We do not lend cash. We do not lend to pay utility bills, rent or bond. You are expected to pay your loan back over about 18 months. We lend funds for new items only. This way you have a warranty and can expect the item to work for the whole time you are paying your loan. \*NILS can help with a one-off loan to pay for car registration. We strongly encourage clients to find an alternate method of paying for this recurring expense. Enquiries: 1300 301 650. <http://www.nilstasmania.org.au>

## Community and General Assistance

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**Anglican Parish of Buckland** – Members of the Parish support Meals-On-Wheels, Rotary, Lions, Probus, the local schools and many other community and sporting organizations. One of the big outreaches for the Parish for many years has been the Triabunna based, Parish Op-Shop. Through the op-shop that the parish has given assistance to many locals and visitors alike, being a place to meet socially while helping to support the Parish in its ministry in the community. The Parish continues to support the Breakfast Programme at the Triabunna District School, we also distribute food parcels to families within our Parish and provide welfare where necessary. These outreach programs are provided for, from donations from our Parishioners with grateful thanks. Anyone wishing to donate to these programmes are very welcome to contact the Parish Office. <http://parishofbuckland.webs.com/>

The Rectory, 1 Franklin St, Triabunna. Parish Secretary: Sue O'Rourke (03) 6257 3468

**Circular Head Aboriginal Corporation (CHAC)** - is governed by the Corporations Aboriginal and Torres Strait Islander (CATSI) Act. CHAC has evolved into a supporting caring community organisation empowering the Aboriginal community of Circular Head to self-determination. With approximately 40 full and part-time workers and a team of volunteers, CHAC has implemented an important range of community and commercial services critical to the needs of health and wellbeing of the Aboriginal community. CHAC has become a valued contributor to the advancement of positive proactive attitudes that remain in the community. CHAC runs a range of programs, including Cultural Awareness Training

(CAT) - available to groups that need to raise awareness of the history of Tasmanian Aboriginals. Training consists of sessions suitable to individual group needs. [www.chac.com.au/](http://www.chac.com.au/)  
Location: 10 King Street, Smithton TAS 7330 (03) 6452 1287 Christine Caudwell

**Department of Human Services** - Rosny Park & Sorell **Centrelink** Service Centres - encourage clients to use on-line and telephone services, but office staff will assist those who need individual service and are unable to access via on-line or telephone. [www.humanservices.gov.au/](http://www.humanservices.gov.au/)  
Helen Madden, Service Centre Support Manager [Helen.madden@humanservices.gov.au](mailto:Helen.madden@humanservices.gov.au) (03)6271 7130;  
Centrelink, Rosny Office - Cameron Thomas [Cameron.thomas@humanservices.gov.au](mailto:Cameron.thomas@humanservices.gov.au)

**Eastcoast Regional Development Organisation (ERDO)** - Is a non-profit organisation run by volunteers. The major project is the ongoing development of the Community Village. Activities held at The Village include: community market, art and craft workshops, community and vegetable gardens, boat shed, art gallery, community meeting spaces, and more. Community minded people are always needed at The Village for volunteer work including mentoring. ERDO is registered with Centrelink for Mutual Obligation status. <http://triabunnavillage.com.au>  
Tom Tenniswood, Chairperson. [windsong@skymesh.com.au](mailto:windsong@skymesh.com.au) (03) 6257 7583; 0418 995 319

**East Coast Regional Tourism Organisation (ECRTO)** is the peak tourism industry body in the municipalities of Glamorgan/Spring Bay and Break O' Day. We work with tourism interests in the region to coordinate destination marketing and provide support to operators.  
Alison Wallace -0419090 245 [alison@eastcoasttasmania.com.au](mailto:alison@eastcoasttasmania.com.au); <http://eastcoasttasmania.com/>

**Fire Brigade** Dial 000 in emergency. New volunteers for the fire units are always welcome.  
Triabunna: Meetings are on Thursday evenings at the fire station, Vicary St, Triabunna. For information, Contact Willy on (03) 6257 3287 or 0407 547 992.  
Buckland: Contact First Officer on 0418 259 602.  
Swansea: Meetings every third Sunday at the Fire Shed, Swansea. Contact Ken Nichols (03)6257 8452

**Glamorgan Spring Bay Council** includes 5 major towns, Orford, Triabunna, Swansea, Bicheno and Coles Bay as well as the villages of Buckland and Swanwick and many outlying farming communities including Levendale, Woodsdale, Little Swanport, Cranbrook, Apslawn and Nugent areas. The Council: provides sound community governance practices and processes; Plans, implements and monitors services according to agreed priorities and available resources; Seeks and secures additional funds, grants to augment finances; Manages the finances and administers the Council; Establishes and maintains mutually beneficial strategic partnerships with State and Federal Government, private business and industry associations. <http://www.gsbc.tas.gov.au>  
Michael Kent, Mayor [michael.kent@freycinet.tas.gov.au](mailto:michael.kent@freycinet.tas.gov.au)  
Cheryl Arnol, Deputy Mayor [Cheryl.arnol@freycinet.tas.gov.au](mailto:Cheryl.arnol@freycinet.tas.gov.au)  
David Metcalf, General Manager [david@freycinet.tas.gov.au](mailto:david@freycinet.tas.gov.au)  
Lona Turvey, Community Development & Administration Manager [lona@freycinet.tas.gov.au](mailto:lona@freycinet.tas.gov.au)  
Mel Kelly, Natural Resources Manager [mel@freycinet.tas.gov.au](mailto:mel@freycinet.tas.gov.au)

**Hobart Community Legal Service (HCLS)** is a community organisation whose aims are to foster community awareness of the law, to make the law more equitable and accessible to the public, and to provide free legal information, advice and referral to the general public in southern Tasmania.  
Hobart Office: 166 Macquarie St, Hobart 7000 (03) 6223 2500 <http://www.hobartlegal.org.au>  
Sorell Office: 7 Station Lane, Sorell 7172. (03) 6264 1911

**Housing Connect** - Colony 47 is the lead agency providing Front Door services, with support being delivered by Colony 47 and its collaborative partners. Housing Connect is the one-stop shop for assistance to access:

- Emergency accommodation and support services;
- Public and community housing;
- Private rental accommodation;
- Long term accommodation and housing solutions;
- Referral to other support services

For more information call 1800 800 588 (24 hour free call) [www.dhhs.tas.gov.au/housingconnect](http://www.dhhs.tas.gov.au/housingconnect)

Location: Level 3, 181 Collins Street, Hobart ( above Village Cinema)

Location: Suites 3 & 4, 13 Bayfield Street, Rosny Park

<http://www.colony47.com.au/housing-homelessness/housing-connect/>

**Launceston Community Legal Service** is a legal advice and referral service covering industrial relations, disability, discrimination and social security/Centrelink issues.

Location: Suite 17, Level 1, 97a York Street Launceston 7250; Freecall: 1800 066 019

Opening Hours: 9am - 4.30pm Monday to Thursday.

[http://www.dhhs.tas.gov.au/service\\_information/service\\_delivery\\_points/launceston\\_community\\_legal\\_centre](http://www.dhhs.tas.gov.au/service_information/service_delivery_points/launceston_community_legal_centre)

**Library (Orford)** - Charles Street, Orford, Tasmania (03) 6257 1151

Opening hours: Tues 10am-1pm, 2pm-4:30pm; Wed 10am-2pm; Fri 10am-1pm, 2pm-6pm

**Okines Community House** welcomes people living in the Southern Beaches area. We aim to provide a safe and friendly environment for the whole community to meet, share information and resources and strengthen community networks. Our office is open 9am to 3pm on Monday & Friday, 9am to 4pm on Tuesday, Wednesday & Thursday and our garden project officers are on site Mondays 1pm to 3.30pm, Tuesdays 11am to 4pm and Wednesdays 11am to 4pm.

Location: 510 Old Forcett Rd, Dodges Ferry TAS 7173; (03) 6265 7016;

[admin@okinescommunityhouse.com.au](mailto:admin@okinescommunityhouse.com.au); <http://www.okinescommunityhouse.com.au/>

**Orford Odeon** cinema screens films to provide a Cinema experience that is accessible financially to the entire Community and raise money to fund projects that benefit the Youth of Glamorgan Spring Bay. In the foyer, the Odeon Café serves popcorn, chocolates, healthy snack packs, beer, wine, champagne and soft drinks. To create a sense of occasion, the foyer is also decorated to complement each film and the main display adds something very special to the night's atmosphere and entertainment. It was created, and is driven, by volunteers from the GSBC community. [www.orfordodeon.com/](http://www.orfordodeon.com/)

David Kirk, President (03) 6257 1009 [david@orfordodeon.com](mailto:david@orfordodeon.com)

**Pittwater Community Centre** - Drop in any time Monday - Thursday between 9am - 4pm and Friday's between 9am - 3pm. Come in and have a cuppa and meet the people in your community. We have great resources at the Centre, Photo copier, printers, fax machine and computers. Please don't let them go unused. Our computers are for public use. Activities include: Play group, Photography group, Darts, Eating with Friends, Pingo, Morning tea, Tai Chi, Destiny Dance, Zumba, L's Angels, Community bbq's and much more...

Location: 34 Hoffman St, Midway Point 7173 (03) 6265 1155; Gaye James , Coordinator -

[gaye@pittwatercommunitycentre.org](mailto:gaye@pittwatercommunitycentre.org); <http://www.pittwatercommunitycentre.org/>

## Salvation Army Tas

- **Communities for Children** - aims to improve the development, health and wellbeing of children aged 0-12 and their families through innovative early intervention and prevention programs. The Salvation Army has been engaged as a Facilitating Partner in S.E. Tasmania to develop and implement a strategic and sustainable community approach to early childhood development, in consultation with local stakeholders known as "Community Partners". - See more at: <http://www.salvationarmy.org.au/c4c/>  
Stacey Milbourne, Manager, Communities for Children

## Child Care

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**Lady Gowrie Child Care Centre** is a purpose built Centre supporting the care and education of children not only in the local area but welcomes children into care who may be visiting the area during holiday periods. The Centre employs qualified and experienced early childhood staff. The Centre is licensed under the Department of Education Child Care Unit Standards and is accredited under the National Child Care Accreditation Council Quality Improvement and Accreditation System. The Centre offers full-time, regular part time care and casual care for children from birth to five years in the long day care program for 51 weeks of the year. During school terms and vacation periods after school care and vacation care is provided for children six to twelve years of age. The Centre is closed between Christmas and the New Year and on gazetted public holidays.

Location: 1 Arnol Street Swansea. (03) 6230 6865 or Free Call: 1800 647 718;

[cluster1@gowrie-tas.com.au](mailto:cluster1@gowrie-tas.com.au)

<https://www.careforkids.com.au/child-care/p5mxe/lady-gowrie-swansea-child-care-centre-7190>

**Spring Bay Child Care Centre** under the umbrella of Northern Children's Network, a not for profit child care service provider. The child care centre is licensed by the Tasmanian Department of Education, Education and Care Unit and also participates in the ACECQA accreditation system. The centre staff have an extensive child care background and honour your child's right to play and explore by maintaining safe and healthy places and spaces, providing an opportunity for children to learn, share, interact and play with other children of a similar age, whilst being motivated to develop at their own pace. The centre provides 5 different sessions to cater for the needs of the community, with 20 child care places available for children 0 to 12 years, including a session for After School Care. Bookings can be made by contacting the centre during business hours or by email. Eligible families are able to access government fee reduction through the centre but must be registered with the Dept of Human Services (FAO ph 13 6150). An estimate of likely child care costs is available at the NCN website: [www.ncn.org.au](http://www.ncn.org.au) or by contacting either the centre or NCN direct 03 6341 1555.

Location: 36 Melbourne St, Triabunna. (03) 6257 3598. Email: [triabunna@ncn.org.au](mailto:triabunna@ncn.org.au)

## Business (This is not a complete list of businesses in the region)

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**Bendigo Bank** Agency offers core day to day banking services, including deposits, withdrawals, EFT withdrawals, opening accounts etc. with all transactions processed in “real time” meaning that customers can deposit to their account and access the funds immediately via ATM, EFTPOS, Internet Banking etc. Cash and Cheque withdrawal limits do apply. Proceeds of cheques will not be available until cleared. Opening Hours: 10:00-12:30, 1:00-4:00

Location: Agency at Glamorgan Spring Bay Council, 9 Melbourne St, Triabunna. (03) 6256 4777

<https://www.bendigobank.com.au/public/locate-us/branch-details?id=53>

**CoacheStuff – Enterprise Centre Tasmania** The CoacheStuff ECT team provide up to 5 hours free and confidential business assistance to existing business owners and to people who have just started or are thinking about starting a business. As experienced small business owners, we provide practical guidance on all aspects of starting up or running a business. We work with small business owners through one-on-one coaching and small group development activities.

Businesses can access the service through the 24/7 CoacheStuff online appointment system, by contacting any Enterprise Centre, by contacting Business Tasmania or by phoning or emailing one of our Business Coaches at [team@coachestuff.com](mailto:team@coachestuff.com).

Ian Whitehouse Business Coach & Mentor [ian@coachestuff.com](mailto:ian@coachestuff.com) 0421 102 393

Lesley Hazelwood Business Coach & Mentor [lesley@coachestuff.com](mailto:lesley@coachestuff.com) 0408171871

Frankie Forsyth Business Coach & Mentor [frankie@coachestuff.com](mailto:frankie@coachestuff.com) 0419 513 255

List of Enterprise Centres Tasmania - <http://www.enterprisecentres.tas.gov.au/>

**East Coast Regional Tourism Organisation** promotes the tourism industry along the East Coast.

[www.eastcoasttasmania.com/](http://www.eastcoasttasmania.com/)

David Reed, Chairman. 0419 394 362 [david@eastcoasttasmania.com.au](mailto:david@eastcoasttasmania.com.au); [www.eastcoasttasmania.com](http://www.eastcoasttasmania.com);

**Elphinstone Engineering** also trading as **Elphinstone Weighing Systems** is proud to have been servicing the transport industry since 1976. We pioneered the installation of on-vehicle weighing systems in Australia in 1976 and have revolutionised the logging transport industry with innovative design and technology. We provide a comprehensive range of services including design, manufacture and installation, to repairs and servicing with our extensive facilities and staff. Our skills also involve extensive knowledge of design and manufacture of transport equipment and accessories for the Antarctic research and supply industry. As a local employer, Elphinstones trains Apprentices who are interested in a career in engineering and production.

Location: 36 Tasman Highway, Triabunna, TAS 7190; (03) 6257 3242; [tri.office@elph.com.au](mailto:tri.office@elph.com.au);

<http://www.elph.com.au/>

**Orford Triabunna Chamber of Commerce** is a not for profit organisation and has a volunteer Executive Committee. The Chamber promotes business connections with a community focus. Our aim is to promote and encourage local business, community and Government (Local, State and Federal) to work together to build successful business partnerships. We operate in an open, transparent, collaborative, respectful & forward thinking manner. Through alliances, partnerships, conversations and communication we aim to work together, share knowledge and have a positive approach to achieve outcomes for our community. Members utilise the Chamber to network, stay up to date on local issues and learn business skills from each other. Often provided at little or no cost, educational and self-development opportunities are also provided through workshops, business mentoring, seminars and regular guest speakers. The Chamber is constantly working to increase the awareness amongst our

region's residents and visitors, of the attractions and goods and services available thus promoting our region as a desirable place in which to live and work, and to visit. We have currently around 70 Members, ranging from individuals (who have an interest in our region's growth and economy) to not for profit organisations (who represent their own members) to employers (who employ local people). If you are any of the following we invite you to complete the Membership Application Form to register your interest.

- – a local business
- – a not for profit organisation
- – an individual interested in our regions' growth and economy

[info@orfordtriabunnacc.com.au](mailto:info@orfordtriabunnacc.com.au); <http://www.orfordtriabunnacc.com.au>

**Regional Development Australia (RDA) – Tasmania.** Regional Development Australia (RDA) is an Australian Government initiative established to encourage partnership between all levels of government to enhance the growth and development of Australia's regional communities. RDA committees operate under a national RDA Charter and report to the Australian Government on key outcomes. RDA Tasmania represents the entire state of Tasmania. RDA Tasmania is a not-for-profit organisation that has a formal partnership between the Australian Government, Tasmanian Government, and the Local Government Association of Tasmania (LGAT). A key focus of RDA Tasmania is on the economic, social and environmental issues affecting communities.

Jen Newman [Jen.newman@rdatasmania.org.au](mailto:Jen.newman@rdatasmania.org.au) 0439 615 947 [www.rdatasmania.org.au/](http://www.rdatasmania.org.au/)

**Spring Bay Mill** is being rejuvenated into a tourism hub and multipurpose site to further commercial development in the area. It will help establish the Triabunna region as the missing link on the East Coast tourism trail. The landscape is being rehabilitated from its industrial past and transformed into a Botanical Garden of a scale rarely achievable. The Garden will celebrate Tasmanian native flora and provide extensive produce gardens. It will become a major Tasmanian destination for both Australian and international visitors. The existing infrastructure will be re-purposed using on-site and local materials to respect its industrial history while supporting tourism, education and cultural events.

Contact: Stuart Loone, General Manager [stuart.loone@springbaymill.com](mailto:stuart.loone@springbaymill.com); [www.springbaymill.com/](http://www.springbaymill.com/)

**Spring Bay Seafoods** are a Tasmanian based shellfish company operating on the East Coast of Tasmania and are primarily known for producing award winning blue mussels and scallops. The processing factory and packhouse is located on the waterfront in Spring Bay; expansive marine farms are located in greater Spring Bay and the passage between Spring Bay and Maria Island. Spring Bay Seafoods process scallops and mussels to a ready to cook state. The mussels are packed in a special climate controlled plastic box that retains the 'just harvested' quality. Spring Bay Seafoods outstanding products and quality management have been recognised through a series of national food awards and the company has also been awarded sustainability certification in recognition of its commitment to the environment.

Contact: PO Box 50 Triabunna; (03) 6257 3614; [info@springbayseafoods.com.au](mailto:info@springbayseafoods.com.au);  
[www.springbayseafoods.com.au](http://www.springbayseafoods.com.au). Phil Lamb, Managing Director

**Tassal** is building a fish meal plant about 4 kilometres north-east of Triabunna on the Tasman Highway and will process 20,000 tonnes of fish by-product per year. The project is expected to create 30 full-time jobs during construction and another 20 jobs within the first two years of operation. The factory will be able to process fish by-product into high-value fish oil and protein-based products for the national and international market. [www.tassal.com.au](http://www.tassal.com.au)

For all recruitment enquiries, please email [recruitments@tassal.com.au](mailto:recruitments@tassal.com.au)

Public Relations Manager: Fiona Ewing

**Tourism Tasmania** is the Tasmanian Government's tourism marketing agency. Its main purpose is to connect people to Tasmania through domestic and international marketing programs that create demand for Tasmanian holidays and attract more visitors to the state.

Location: Level 2, 22 Elizabeth Street, Hobart, 7000; (03) 6165 5334; [reception@tourism.tas.gov.au](mailto:reception@tourism.tas.gov.au)

Kathy Gatenby Product Development Consultant [Kathy.Gatenby@tourism.tas.gov.au](mailto:Kathy.Gatenby@tourism.tas.gov.au) 62308130

<http://www.tourismtasmania.com.au/>

## MORE SOURCES OF INFORMATION:

**Spring Bay Health & Community Centre Newsletter** – Published quarterly and distributed throughout the region.

**Sorell Council – Youth Services Directory**

[http://www.sorell.tas.gov.au/component/docman/doc\\_view/1075-youth-services-directory](http://www.sorell.tas.gov.au/component/docman/doc_view/1075-youth-services-directory)

**Anglicare - statewide services directory**

[FindHelpTas.com.au](http://FindHelpTas.com.au) is a state-wide database and website that will help people (service providers and the general public) to easily find local services. The project is currently being overseen by a steering group with delegates from Anglicare Tasmania, UnitingCare Tasmania and Relationships Australia. Project manager, Sharon Dutton: [S.Dutton@anglicare-tas.org.au](mailto:S.Dutton@anglicare-tas.org.au)

**Department of Health & Human Services (DHHS)**

[http://www.dhhs.tas.gov.au/service\\_information](http://www.dhhs.tas.gov.au/service_information)

**LinkZone (The Zone)** – website of services which can be accessed by youth.

<http://www.linkzone.tas.gov.au/>

**Great Oyster Bay Community News** - Volunteer run not-for-profit community organization providing free local news across the Glamorgan Spring Bay region. Available on-line - [www.gobcnews.weebly.com](http://www.gobcnews.weebly.com)  
Janet Lane, Editor [gobcnews@gmail.com](mailto:gobcnews@gmail.com) (03) 6375 2035

**Roundabout** Peter Derkley Director/Words [sorelled@myroundabout.com.au](mailto:sorelled@myroundabout.com.au) 0488 441 534

**The Village Voice Newsletter** Local news and information about The Village activities.

<http://triabunnavillage.com.au/village-voice-newsletter/>

Peter Huttemeier , Editor, [triabunnavillage@gmail.com](mailto:triabunnavillage@gmail.com)

**Shelter Tas** website lists shelters and support available: <http://www.shelertas.org.au/housing-in-tasmania/homelessness/are-you-looking-for-emergency-accommodation/south/>